



# Tenison Woods Catholic School

*'In all things love'*

68 Brooker Terrace, Richmond SA 5033    www.twcs.catholic.edu.au    info@twcs.catholic.edu.au  
Telephone: 08 8131 7900    Absentee SMS: 0408 788 659



## Calendar Dates

### NOVEMBER

**Monday 27<sup>th</sup>**

R/1 Zoo Excursion

**Tuesday 28<sup>th</sup>**

Year 2/3/4 Living Kaurna  
Centre Excursion

**Wednesday 29<sup>th</sup>**

2018 T1 Students  
Transition  
9-11.00am

Board Dinner  
6.00pm

### DECEMBER

**Friday 1<sup>st</sup>**

P&F Family Picnic/BBQ  
5.30pm

**Monday 4<sup>th</sup>**

Sports Assembly  
9.00am

**Tuesday 5<sup>th</sup>**

Year 2/3/4 Flora McDonald  
Visit

**Wednesday 6<sup>th</sup>**

2018 T1 Students  
2<sup>nd</sup> Transition  
9-11.00am

Learning Through Music  
Students Performance  
1.00pm

**Thursday 7<sup>th</sup>**

Year 7 Graduation Dinner  
The Junction  
6.30pm

**Monday 11<sup>th</sup>**

Singing/Ukele Concert  
1.00pm

**Tuesday 12<sup>th</sup>**

Master Plan Committee  
Meeting  
9.00am

Year 7 Graduation Liturgy  
7.00pm

**Thursday 14<sup>th</sup>**

Thanksgiving Whole School  
Mass  
9.00am

Last day of term 4  
3.10pm Dismissal

### Attachment

How independence-  
building is the pathway to  
your child's resilience

**Term 4 Week 6**

**23 November, 2017**

## Dear Parents, Friends and Caregivers,

Last night we hosted a function to pay homage to the many volunteers who have assisted our school community in some way, shape or form. This equates to 74 individual people who have willingly given their time to assist with things like sports carnivals, transport, excursions, the kids in the kitchen program, various committees, our inaugural magazine (to be revealed this year!) and so on. On behalf of the wider school community and staff, I take this opportunity to sincerely thank each volunteer for the time that they have contributed to TWCS; the beneficiaries of your devoted time are the children and they do get immense enjoyment at having their parents at any school event/function.

At our recent Board meeting, where finances and fees were a significant quota of the agenda, the Board agreed to a 2% fee increase for 2018. We have tried to curtail large fee increases and work within the guidelines provided to us by Catholic Education when setting our fees. This increase equates to the following in dollar terms per child:

1<sup>st</sup> child \$69 per annum

2<sup>nd</sup> child \$62 per annum

3<sup>rd</sup> child \$60 per annum

Our fee policy describes in detail how our fees are deployed and where the money is disseminated; I have attached the link for you to view this in more detail should you desire to do so. This policy is located on our web site

[http://www.twcs.catholic.edu.au/files/f/11947/Fees\\_Policy\\_2018.pdf](http://www.twcs.catholic.edu.au/files/f/11947/Fees_Policy_2018.pdf) and can therefore be accessed at any time. We have kept this fee increase to the minimum recommended by CESA and have taken into account that general costs continue to escalate such as utilities, which in some cases have increased by as much as 21%.

I have mentioned in previous correspondence that we are in the process of obtaining a Master Plan for potential future capital works. Please note, our annual fees and subsequent annual increase is for maintaining our high quality teaching and learning programs and environment; not reserved for capital development. Any aspirational capital works will be funded through future borrowings following prudent financial modeling to ascertain if we have the capacity to do so.

Having said that, this week there was a monumental announcement from the State Government pertaining to Catholic School funding which was very exciting; I have attached the following excerpt from the Director of Catholic Education Dr Neil McGoran.

***The Premier Jay Weatherill and Minister Susan Close announced a major funding boost for Catholic and Independent schools this week.***

***Catholic schools in South Australia will receive an increase in recurrent funding to 22% of the Schooling Resource Standard (SRS).***

***This equates to a \$14.3 million increase for Catholic Education South Australia. It will take our recurrent funding from \$94.6 million in 2017 to \$108.9 million in 2018.***

***The government has also made a commitment to provide a capital grant of \$5.5 million per annum. This grant will commence in 2018 and be indexed annually to CPI.***

***We welcome this announcement and the direct impact it will have on the 46,000 students in Catholic schools in South Australia.***

For a more in depth analysis of this funding increase, please follow this attached hyper link. <https://www.premier.sa.gov.au/index.php/jay-weatherill-news-releases/8319-major-funding-boost-for-catholic-and-independent-schools>

It was coincidental that this week, myself and two other principal colleagues from our western region met with the Treasurer Tom Koutsantonis to discuss our concerns regarding the long standing inequitable funding to our sector. Tom was delighted to meet with us following this announcement and we thanked him for the increase to our sector's recurrent funding. We did still raise with him a few areas that we would continue to seek support from the government; these included, allied health services, provided to students in DECD schools, utilities support/subsidy and bus transport to catholic students in regional areas.

The exciting prospect for our community is this small injection of capital development funding of 5.5 million, coupled with the commonwealth's capital development contribution (of an equivalent amount) means that in early 2018, we will apply to the CESA Capital Development Team for a slice of this money- albeit rather optimistically!

Notwithstanding Labors positive news, we now await the Liberal party's announcement regarding their funding model/proposal for Catholic Education. We are anticipating equally positive outcomes from them. Either way, our collective campaign to fight for a fair deal for our 43,000 students has come to fruition and this is a very pleasing outcome for Catholic Schools in SA.

**Family picnic-** as you would be aware the P&F are hosting a family picnic next Friday evening; the details are contained within this newsletter in the P&F section. It would be great to see all families there as a community to support this great initiative.

**Parenting corner-** I have included this week an article from Michael Grose titled, 'How independence building is the pathway to your child's resilience'. Parents and teachers often ask teachers, leaders and professionals such as Michael, how to build resilience in kids. Michael's response is always the same: "Start by building independence and resilience will follow." This is an interesting read as always with pragmatic tips for you to consider as parents.

**Please note-** we conclude the school year **Thursday 14 December**. Our final newsletter for the year will be produced and sent on this day also in lieu of week 8, so that we can capture our annual award winners.

Regards  
Mark Battistella  
Principal

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## RELIGIOUS IDENTITY & MISSION NEWS

Dear Families,

In Week 5, we celebrated Woods Week. Thank you to Father Joe for leading us in our Mass on Tuesday morning to celebrate the life of Father Julian Tenison Woods as a community. Across the week, it was wonderful to visit the classrooms to see our students artistic interpretations of Father Julian Tenison Woods scientific interests in fossils and minibeasts.



Lucas (Year 3)

Our Year 5 to 7 students visited the residents at Flora McDonald Retirement Centre to engage in intergenerational activities. Paula, Tom and I appreciate the support of the parents who helped us on the walk and we were extremely proud of the way in which our senior students represent our community. In the spirit of Father Julian Tension Wood and Saint Mary of the Cross MacKillop, our Year 5 to Year 7 students took the time to consider the needs of others in our community.

*“On behalf of the staff and residents, we would like to whole heartedly thank you for the visits during Woods Week. We truly appreciate the time and skills which has obviously been invested in to making the visit memorable, the residents did certainly benefit from the visit and we hope knowing this will make all your efforts feel worthwhile. Looking forward to working with you in the future.”*

Rebecca Mahoney Lifestyle Coordinator



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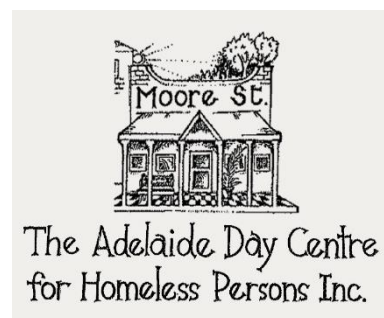
## Advent



Advent is the season of new beginnings, December 3<sup>rd</sup> marks the First Sunday of Advent until December 24<sup>th</sup> the Fourth Sunday of Advent. During the season of Advent, the Church altar is dressed in liturgical colour purple. Each Sunday at Mass, a candle is lit on an Advent wreath reflecting a different theme for the week. The first candle is purple and focuses on 'hope' - hope for a new beginning. The second candle is purple and focuses on 'peace' - Jesus the Prince of Peace. The third candle is pink and focuses on 'joy' - the joy that the birth brings. The fourth candle is purple and focuses on 'love' – our love for God and others.

### Reception, Year 1 and Year 2/3 Christmas Donations

In 2016, donations offered to Moore Street Day Centre were distributed to over 6100 people. This Christmas, with community support, Moore Street intend to deliver more than 2,200 Christmas hampers to needy families all over Adelaide! To support Moore Street to achieve this, we are inviting families from our Reception, Year 1 and Year 2/3 classes to support in filling Moore Street's hampers with non-perishable foods and inexpensive toys.



### Year 3/4, Year 5/6 and Year 6/7 Christmas Donations



In 2016, St Vincent De Paul, provided over 4,000 gifts to children and young adults who would otherwise not have had a gift to open on Christmas Day. Vinnies also provided over 2,600 food hampers to families to ensure they could celebrate the festive season with a sense of dignity. To support Vinnies, we are inviting families from Year 3/4, Year 5/6 and Year 6/7 to support in filling Vinnies hampers with non-perishable foods and inexpensive toys.

All donations can be dropped off under the TWCS Moore Street and Vinnies Wishing Trees in the Beehive from Tuesday November 28<sup>th</sup> in Week 7.

Have a wonderful weekend,

Matthew Harrison

**Acting APRIM**

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## SPORTS DAY 2017

**ALOYSIUS**
**MacKILLOP**
**TENISON**
**PENOLA**

The students were excited and had been preparing since the beginning of the term to showcase their athletic and physical capabilities at the annual Tension Woods Sports Day. The day commenced with Xavier and Brian reading the Welcome to Country and Tia and Rivers leading the whole school in prayer. The team captains, vice captains and year 6/7 leaders worked tirelessly to prepare their chants and when they delivered them Friday morning they were creative, well structured, infectious, well-rehearsed and very, very loud! The leadership and teamwork demonstrated in the lead up to and on the day from our school leaders was very pleasing to see and it was a highlight of the day.



The first event of the day was the 800m which was open to the Year 3 to 7 students and with double points on offer over 20 students contested the inaugural 800m event. With a dead heat in the year 5 boys race and all of the competitors completing the track event in good time, the 800m was a great way to begin the day.

The Health Hustle which was choreographed and very well lead in rehearsals and on the day by Riley, Isabella, Grace, Keira, Lauren and Tia. The captains and vice-captains learnt the health Hustle quickly and assisted the Health Hustle leaders to lead their respective teams. The music was identified and a 'mashed' together by Yiannii and the choices were fast paced and ensured all who listened were enthusiastic and geared up ready to begin the day. The Health Hustle enabled all the students to be thoroughly warmed-up and ready to commence their morning of athletic events.



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The scheduled athletic events commenced shortly after the conclusion of the health hustle and the Reception to Year 7 students and staff moved onto the track to begin their long jump, shot put, hurdles, vortex and high jump stations. Although the students demonstrated the character strengths of zest, teamwork, love of learning and perseverance during their track and field events the constant drizzle and rain was just too persistent and the call was made to cancel the remaining athletic and tabloid events and the relays. It was unfortunate that the weather resulted in the cancellation of Friday's sports day, the effort and attitude that the students demonstrated on the day was apparent and the disappointment on their faces was hard to witness, however it was becoming too unsafe on such a wet infield and track.

Thank you to all of the parents who attended the day to support their children and especially to those that assisted the staff with recording and measuring.

Last Monday afternoon we held the second part of the 2017 TWCS Sports Day on the school oval. During this time the classes participated in a variety of different tabloid events that we were not able to complete on Friday due to the weather. The students earned points for their teams for the Sports Day Shield and Spirit Cup and all of the events were done with high levels of enthusiasm and team spirit. A big thank you must go to Mrs Burns for organising and coordinating the tabloid events and to the Year 6/7 students for running the various activities. Also thank you to all the parents, family and friends who came to school to support the students as they participated. Well done to the teachers and ESO staff also for preparing and running the afternoon.

We wish to announce the winning teams for 2017:

Sports day Shield with 1010 points MacKillop followed by Aloysius 951, Tenison 941 and Penola 911

Our Spirit cup winner was Tenison with 381 points followed by MacKillop 352, Penola 297 and Aloysius 246.



**Perpetual Shield winners MacKillop**



**Spirit Cup winners Tenison**

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## 1G CLASS NEWS

Our children collaborating, designing and negotiating. They take on specific roles and learn to work together during our morning play based learning sessions.



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## Woods Week fun with our 3/4 buddies



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## PARENTS AND FRIENDS NEWS

### P & F Family Picnic/BBQ Friday, December 1<sup>st</sup> from 5:30pm to 8:30pm

A big thank you to those who have already returned their BBQ orders ready for next week. If you haven't there is still time, however, **orders must be received by no later than Monday the 27<sup>th</sup> of November.**

On offer are:

<b>2 Chicken Shaslik and bread</b>	<b>\$5.00</b>
<b>Sausage with Bread</b>	<b>\$2.00</b>
<b>2 Vegetable and Haloumi Shaslik and Bread</b>	<b>\$5.00</b>

Order forms are available from the office.

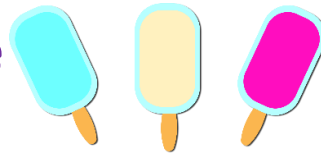
If you prefer, pack your own picnic. Whatever your food choice, pack the picnic blanket and your esky and come along for an enjoyable night before the end of the year.

TWCS P & F Family Picnic/BBQ 1 Dec 2017



**Free Jumping Castle**

(suitable for all year levels)



**Ice creams \$1**

We still are seeking more volunteers to help cook and serve the BBQ and sell ice blocks. If you are able to assist please indicate on your order form or let Anna know.

**A reminder we require ALL raffle books (sold or unsold) and proceeds to be returned by 3:15pm, NEXT Thursday the 30<sup>th</sup> of November.** Thank you for your support.



The P&F's third incentive raffle prize was won by Rose who selected an icecream voucher as her prize.

Each raffle book returned by your child(ren) by next Thursday will be entered into the final incentive draw which will be drawn Friday morning.

The raffle will be drawn at 7pm at the P&F Family BBQ/Picnic.

***The Parents and Friends Committee is YOUR voice- so if you think there is something the school needs, have a fundraising idea or a suggestion please let us know.***

Kirsty Miller  
P & F Chairperson

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Attention all families; The manager (John) from Subway orders has requested lunch orders to be changed to **Monday 4<sup>th</sup> December not on the Tuesday 5<sup>th</sup>** as he has a large catering order to fill on the Tuesday.

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*“The services and events contained in this bulletin are in no way connected with the school and are included in this newsletter for your information only. Parents and caregivers need to make their own enquiries and assessments about the suitability of these events and services for their needs and those of their children.”*

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The logo for Nazareth Catholic Community features a stylized figure holding a cross, with the text 'Nazareth CATHOLIC COMMUNITY' below it.

**Nazareth**  
CATHOLIC COMMUNITY

**Secondary College**  
Flinders Park Campus  
1 Hartley Road, Flinders Park

**Wednesday 29 November**  
9:30am

*Applications for 2020  
Year 7's close end of 2017*

**BOOK NOW**  
[www.nazareth.org.au](http://www.nazareth.org.au)

A photograph of two students, a boy and a girl, wearing dark school uniforms with yellow trim. They are both smiling and looking at a small, clear, circular object held by the boy. The background is white with faint, yellow icons of lightbulbs and books.

**2017 College Tours**

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**Do you remember the last time you came to the Marion Outdoor Pool, was it a school excursion, swim school, fitness session or was it a leisurely afternoon relaxing on the beautiful green lawns?**

This season you can get your thrills on the new speed slide or relax with your family for an afternoon or two under one of the 21 new shade umbrella's. The kiosk will have quality barista coffee available, or cook a meal for you and your family on one of the BBQ's.

If you are looking to improve your fitness and enhance your swimming skills don't forget to book for swim school, vac swim, Aqua Aerobics and season memberships.

### VACSWIM 2018

An intensive learn-to-swim programme run during the school holidays. Children will learn safety, rescue and improve their swimming ability.

Tuesday 2 to Friday 5 January and Monday 8 to Wednesday 10 January (total of 7 days).

Pricing is \$70 per child, \$250 per family of 4 or more (for 7 days) Bronze Medallion and higher awards \$100 per child (plus examination fee). All VACSWIM participants must be attending school in the year 2018.

You can enrol your child in person at the Marion Outdoor Pool, corner Hendrie Street and Oaklands Road, Park Holme or via telephone on 8276 4939.



### OPEN DAY 2018

Our next Open Day is scheduled for 28 January and \$3 entry will include FREE slides and obstacle course, market stalls, live entertainment, food trucks, kids craft tables and much more.

*Looking forward to seeing you again at Adelaide's premier outdoor pool.*



CNR HENDRIE STREET &  
OAKLANDS ROAD  
PARK HOLME  
P 8276 4939  
MARION.SA.GOV.AU



MARION  
OUTDOOR  
POOL

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## How independence-building is the pathway to your child's resilience

by Michael Grose

Parents and teachers often ask me how to build resilience in kids.

My response is always the same: "Start by building independence and resilience will follow."

Here's how.

### Children are hardwired for independence

Some time around the age of fifteen months, give or take three months, most children will make a strong case for self-sufficiency. They demand to do things their own way. This demand is soon backed by a strong voice – "NOOOO!" – and then more articulate cries of "I can do it!" as their third birthday approaches.



This is the time to harness your child's push for independence and self-sufficiency. Their desire for independence and mastery over their immediate environment will see most children take incredible physical risks in the form of play and exploration of that environment. Concerned parents will naturally minimise risks by moving furniture around, keeping doors closed and hiding sharp implements, to name a few protective measures.

But parents can't eradicate all risks. Kids will fall and hurt themselves but they'll also get up and go again. In time, they'll learn to assess situations, stare down their fears and test themselves out in new situations. Falling down, brushing yourself off and trying again is part of the natural learning experience for most young children. Parents don't have to do much more than assess a situation for real dangers, then stand back and allow their kids to explore their environments, pulling them up only when their play

# parenting \*ideas

and explorations transgress the rights and peace of others.



## So what's this got to do with resilience?

Well, everything really. Independence is the pursuit of mastery over one's self and one's environment and rarely happens without mishaps and mistakes. It nearly always involves hurt, hardship, frustration and fear. That's where resilience comes in. Resilience is the art of bouncing forward after experiencing these hurts, hardships, frustrations and fears. Resilience is what comes from seeking out self-sufficiency and independence.

## The language of independence

The fact that there's a whole genre of language devoted to resilience (mostly cloaked in cliché) is no accident. Terms such as "Get back on the bike/horse when you fall off", "Come on, brush yourself off and get on with it" or "What doesn't kill you makes you strong" are built into the psyche of past generations. Many parents today will cringe at these terms as they appear a little callous and out of touch. Conversely most current parents' relationship with risk and adventure – both required for independence-building – is very tenuous at best, non-existent at worst.

Therein lies the challenge. I haven't met a parent, carer or teacher who doesn't want the children in their care to develop resilience that will last a lifetime. Yet many of those same adults will block the pathway to children's resilience by over-indulging them, solving their problems and not giving them real responsibility. In doing so they deny kids the sense of mastery that comes from sorting out their own problems, getting themselves out of jams and getting up after a fall.



You can never love your children too much, but you can love them helplessly. That's what happens when we deny kids the opportunity to become truly independent and self-sufficient. Deny self-sufficiency and you block a child's resilience. Develop real independence and you open a pathway to resilience that will last a lifetime.

*Find out how to develop real independence and resilience in your child in my latest book [Spoonfed Generation: How to raise independent kids](#).*

We're a Parenting Ideas school

[parentingideas.com.au/schools](https://parentingideas.com.au/schools)

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## Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including *Thriving!* and the best-selling *Why First Borns Rule the World and Last Borns Want to Change It*, and his latest release *Spoonfed Generation: How to raise independent children*.