



## Important Dates

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Learning  
Conversations -  
Week 9  
Monday 28 March

P & F Meeting  
7:00pm  
Wednesday 6 April

Well-being Day  
Friday 8 April



## Message from the Principal



Well, what a term we have had!

I would like to start with a sincere 'Thank you' to all our families, children and the school staff for the way in which we have all faced the varied challenges that have presented themselves this term. At all times, the learning and wellbeing of all children have remained our priority, thank you. At times we have had as many as 55 children away from school due to COVID related isolation/quarantine, it has been wonderful to see how the children are supporting each other in the classroom and in the yard.

Whilst we have had a disrupted term, we have also been able to celebrate some fantastic achievements and celebrations, we are truly a thriving community. These celebrations have included:

- The Democracy Sausage – raising over \$1500 for our community
- Ash Wednesday liturgies
- Shrove Tuesday and Carnevale – how good were those masks!
- Swimming Week for our Reception to Year 2 children
- School sporting teams competing in Basketball and Master Blaster Cricket competitions
- Swimming Trials and TWCS competing in the Catholic Schools Swimming Carnival
- Whole Staff Professional Learning Day – Literacy practices
- Teachers meeting with parents regarding children's learning progress



- School Leaders announced
- SRC established and meeting
- School AGM held
- New signage installed around the school
- Principal's Tours

As you can see, whilst COVID has provided its challenges and required more from each of us, our strong belief in the importance of providing all children with as many experiences as possible, has meant that we are able to find new ways to celebrate, new ways to acknowledge the wonderful achievements of the community and new ways of being TWCS.

#### House Leaders and SRC

During this term, the Year 5 and 6 children were given the opportunity to apply for the position of House Leader. This year, the staff and Leadership Team developed a detailed brief of what the House Leader role is, it is more than just a Sports Day captain. The role is vital to the school community. The House Leaders are children who approach their time at TWCS as role models, modelling what it means to 'never see a need without doing something about it' as Mary Mackillop famously said. After an presentation to their peers, 4 children were shortlisted to be interviewed by myself and Courtney Quigley (Yr 6 Teacher and Wellbeing Leader). It was fantastic to see the level of preparation and commitment each interviewee demonstrated, and after much deliberation it was wonderful to announce the House Leaders for 2022:

Mackillop - William & Marissa

Penola - Poppy & Jessica

Tenison - Lulu & Anjleen

Aloysius - Matilda & Luka

Another aspect to student leadership at TWCS, is the SRC. The SRC is a group of children from Yr 1 to Yr 6 who are selected by their class peers to represent the voice of the children in the school. We met for the first time in Week 6 to discuss the role of the SRC and start planning for the year. I wish to congratulate:

Year 1 Blue - Evie & Jasslyn

Year 1/2 Red - Harvey & Grace

Year 2/3 Green - Owen & Yasmin

Year 3/4 Brown - Joshua & Athan

Year 4/5 Purple - Eve & Seth

Year 6 White - Luka & Marissa

#### AGM

This week we held the Annual General Meeting for the 2021 School Year. The AGM is an important aspect of the management of the school and a key reporting format for the School Board. The reports that were tabled at the AGM are available to all in our community via the School Website or here [AGM Report](#). The membership of the School Board is determined during the AGM, I am pleased to announce the School Board for the 2022 school year includes:

Father Long Hai (Parish Priest)

Ben Catalano (Principal)

Matthew Arentz

Rebecca Jucha

Ally Benbow



Jess Rainsford (P&F Rep)

Kirsty Miller

Ian Gardiner (Parish Rep)

Claire Little (Staff Rep)

Antonia Damianos

Chris Angelopoulos

David Wylie

## **CAMP AUSTRALIA**

During the week you would have received further information regarding the start of the Before School Care service that comes in from the start of TERM 2. It was great to have Camp Australia set up an information stand for families this week to allow parents to ask questions and seek support in registering for the service.

Please remember – for children arriving BEFORE 8:20am there will not be any school staff supervision. All children arriving before 8:20am will be needing to use the 'pay for service' Camp Australia Before School Care.

For those families wishing to use the Camp Australia service, the Before School Care will open each morning from 7am and finish at 8:20am. Please follow the link below to register to use the service.

<https://www.campaustralia.com.au/schools/A739>

As we are currently in the time of Lent, I encourage all in our community to spend time each day in reflection. Looking inwards to think about how we are as individuals, as friends, as learners and as a community. We are blessed with this rich experience that is Lent, that is Easter. As we head in to the final few weeks of Term 1, my reflections bring a sense of pride and great appreciation for the wonderful community I am able to be a part of each and every day.

Thank you

God Bless

Ben

## Recent News



## Religious Identity and Mission



The poster features the Caritas Australia logo with the text 'End poverty, Promote justice, Uphold dignity'. The main title 'PROJECT COMPASSION FOR ALL FUTURE GENERATIONS' is prominently displayed in yellow. Below the title, contact information is provided: 'lent.caritas.org.au', '1800 024 413', and '#projectcompassion'. The poster includes five photographs of diverse individuals: a woman in a field, a woman smiling with a flag in the background, a woman in a natural setting, a man sitting outdoors, and a young girl smiling.

"But rather, love your enemies and do good to them, and lend without expecting anything back." (LUKE 6:35)

Easier said than done, right? But, if we are to imitate Christ, most of us need to practice mercy and compassion more frequently.

Start with the little daily annoyances that we experience, the unkind word or hateful glance we receive.

Instead of plotting revenge on that person, try saying a quick prayer for that person. Mercy and compassion will put us on the path to holiness.

This Terms Caritas Carnival will be held in week 10. This carnival aims to support Caritas and the Project Compassion Appeal. We ask each family to make a donation either via the money box that has been sent home or via the Qkr! App (special events). All donations will be sent to Caritas which will help local communities around the world to alleviate poverty and outreach. Donations to be made by Wednesday, 6th April.

### Parish Sacramental Program

All Catholic families in our school are invited to participate in this year's Sacramental Program. Children from year 3 to year 6 can prepare for the Sacrament of Reconciliation as well as the Sacrament of Confirmation and First Eucharist. These Sacraments build our relationship with God and place our faith in action. Enrolment forms are available through the school office or parish office. Please return by Thursday, 7th April 2022.





# WELLBEEING

I want to take this opportunity to introduce myself to our school community. My name is Courtney Quigley and I am the Year 6 teacher and Well-Being coordinator here at school. On a Monday to Wednesday, I work in the year 6 room and on Thursday I have a day to focus on Well-Being.

Well-Being has always been an integral part of my educational pedagogy and life philosophy. I strongly believe that as human beings we are wired to be connected in relationships and positive, healthy relationships are an integral part of flourishing mental health. In the last 12 months, I have been introduced to Positive Psychology. This year I have been lucky enough to continue my study in this field. Given the opportunity to be Well-Being coordinator has allowed me to develop and share my knowledge and belief in this area with the staff, students and community.

This year, TWCS will be implementing a Well-Being program called '**Grow Your Mind**'. This program **provides engaging, evidence-based positive mental health strategies for educators, children and families**. Over the last 5 weeks staff have been familiarising themselves with the program- learning, designing and planning for the concepts being taught. We have committed to teaching this program to our students this term at least once a week. Part of my job will be to design a scope and sequence for this program for the remainder of the year. We will also provide opportunities for parent workshops, learning about Positive Psychology and more specifically the '**Grow Your Mind**' program. Already students have been introduced to the early concept of the 'Animals in your brain' through this program. I am hoping they are openly discussing with you the idea around '**Grow Your Mind**' and using language such as the 'Flower Dude' 'Guard Dog' 'Sifting Sooty' or 'Sensitive Octopus' - a few of the animals related to our brain. I'd encourage you to ask questions and see what your child has learnt so far about the animals in our brain. It has been pleasing to hear them with in the school using this specific language.

On Thursdays, as Well-Being coordinator, I will have the opportunity to support students individually and in small groups, support classroom teachers and our school community. I am here to support you as parents and community members as



well. if you have any concerns for your child or a need for support, I suggest your child's teacher is the first port of call. However, my door is always open and I am there to support you too. Please do not hesitate to contact me if the need arises.

I look forward to a wonderful year ahead!

Take Care and go well!

Courtney Quigley

25.03.22

## 4/5Purple News



These are some of our 'Flower Dudes'. We have been working on them for the past few weeks while we have been looking at the Grow Your Mind program for Mental Health. Flower dude is the 'main star' and mascot of Grow Your Mind. As well as creating these, we have been working on learning about the parts of the brain, breathing techniques and strategies for shrinking our 'Guard Dogs', mental health, emotions and character strengths.

[View this article online to read more](#)



## R-2 Swimming



Our Reception to Year 2 children have been so excited this week about SWIMMING!

Day one started with a nervous energy amongst our Receptions with some who have never been in a pool before. After a short bus ride, the children entered the swimming centre and began their lessons. Once in the water all that nervousness disappeared and was replaced by big smiles, laughter and lots of splashing.

It was wonderful to see their progress over the next four days. Using the character strengths of Resilience and Zest their confidence in the water improved as well as their ability to dress independently and on time.

As always our children were commended for being respectful and polite which is something we pride ourselves as a community.

A special thank you to Carolyn at iSwim@ Immanuel and all the swimming teachers for their hard work in creating fun water safety lessons.

Also a huge thank you to our parent volunteers who came out to support our students, We certainly couldn't do it without you all.

[View this article online to read more](#)



## STEM



Over the last few weeks our students have been learning about habitats, living creatures and annotate sketches in STEM.

The task was:

1. Pick a habitat that you already know a bit about.
2. Design an animal that could live in this habitat. It doesn't have to be a real animal alive today. It can have elements of different animals you know live in that habitat.
3. Draw the animal you've created in your STEM Journal.
4. Label your sketch. This is called an annotated sketch.
5. Recreate your creature using playdoh with the following design constraints
  - a. Make sure it fits within the circle piece of paper provided
  - b. Uses no more than 3 colours
6. Use the Playdoh Touch Augmented Reality (AR) app to bring your creature to life

See our photo gallery of RGOLD and 1/2RED's excitement at getting to the stage of making their creatures come to life!

[View this article online to read more](#)



## Sports News



### Sport News Term 1

Term One has started with a basketball games and Saturday morning cricket for our TWCS teams. Despite the challenges of covid resulting in forfeits, the students have continued with their games and trainings when they can. A big thank you goes out to the coaches and parent helpers for keeping our teams going. There have been fabulous results including big wins from our Master Blaster Cricket Team.

Our R/1 Students have begun coaching clinics run by our amazing parents on Thursday afternoons. They will learn skills and play in modified games. The students are loving the sessions and the fantastic opportunity to begin playing Basketball.

Year 3-6 students were invited to attend trials for the SACPSSA Swimming carnival. The team was selected and this Friday they will attend the SA Aquatic Centre to compete against students from other Catholic Schools. We wish them the best of luck.

A big congratulations to Tyler Sims in Year 6 for gaining Selection into the 2022 Airport District Softball Team. We wish him luck for the carnival later in the year.

Nominations for Term 2 and 3 after school sports close on Friday March 25<sup>th</sup>. Don't miss out on your opportunity to join your school mates and represent TWCS.



## Parents and Friends News



Hi TWCS Families,

On Tuesday the 1st March we supplied fresh, fluffy pancakes for all the children & staff for Shrove Tuesday. It was lovely seeing the kids sticky smiles! Thank you to Kirsty Miller, Kimberley Marjas, Ally Benbow and Genevieve Pelekani for cooking, serving & cleaning up.

On Election Day we held a Democracy Sausage Sizzle and Bake Sale. It was lovely to see many families past, present and future pop in to support the school and say hello. A massive thank you to all the volunteers who helped with prep, set up, cooking, serving and donating baked goods & sausages. We made just over \$1500 profit to go towards new Jersey's for our ever-growing basketball teams!

A big thank you to Kirsty & Dan Miller, Stuart Rainsford, Rebecca Hien, Sarah & Dave Wiley, Jane O'Donoghue, Francis Eig, Sarah & Nick Finn, Nikola Manos, Rodrigo Ramirez, Chris & Stav Angelopoulos, Gen Scatana, Catherine Harvey, Rebecca Jucha, Alana Quinn, Shannon Elliot, Laurel Wright, Marie Pietris, Sharlene Lo, Kerryn Rodda, Donna Cooney, Shannon Hornhardt, Cherise Conrick, Lee Pryor, Erin Sneath, Ryan McBride, Deepankur Bhatia, Jenna Pearce, Louise Viergever, Maya Alexander, Cassie Zivkov, Mafalda Quaresma, Farai Gwanzura, Paul Bierman, Rachna Kohli, Rodrigo Costa, Eddy Loureiro, Fiona Cossey, Rebecca Castley, Toni Hall, Melissa Bond, S Bowmer, Kimberley Marjas, Stella Chubb, Kate Ramazan, Stella Charalambous, Allison Sheridan, Gemma Smyth, Amita Karnawat, Craig Fabbian, Yamasaki Family, Dawid Szweczyk, Allison Pirone, Diana Dente, Rita & Paul Campbell, Ben Catalano & Gary Baldwin.



If you left plastic containers with us from bake sale donations, these are with Kim at the front office, ready to be picked up.

On Friday the 1st April we will be holding a Vili's Donut Day. Donuts are \$2.50ea with 50c from every sale going to Variety. Please place an order for your child via QKR! before 9am on Monday 28th March to avoid disappointment.

We will now be holding our P&F meetings in person (Covid restrictions permitting) at the school **AND** via teams. We will send out a invitation link to the meeting prior to each date if you would like to attend but are unable to do so in person.

If you have any suggestions/feedback, please contact us via email or attend our next meeting (below). We would love to see some new faces!

Up coming events

- Vili's Showdown Donut Day 1st April
- Next P&F Meeting will be held on Wednesday 6th April at 7pm at the school and via teams.

Cheers,

Jess Rainsford

25.03.22

## Camp Australia



# Newsletter



## A message from your Coordinator

A big warm welcome to all our families. We provide a supportive outside care for children to play, connect, learn, and grow through engaging experiences. Last week and this week at OSHC we have art and craft activities to develop children imagination and explore more ideas. Some of the activities includes Painting, Recyclable materials art work etc. children were excited to participate in learning and to explore new ideas for creativity. We also invite input from you and your children so we can plan activities that maximize your children interest and needs. – Pop in and meet our team Coordinator: Navreet and Assistant: Riley Kruger



## Activities coming up

Art and craft activities

Physical activities  
outside

Role play

Recyclable material  
construction

## What's on the menu

- popcorn
- chocolate cake and rainbow cake
- sandwiches

## It's free to register

To attend our program, you must register your child. You can register an account with us at [pp.campastralia.com.au](http://pp.campastralia.com.au) or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.



## Visit our blog

New articles are added each week for parents and cover various topics to help families.

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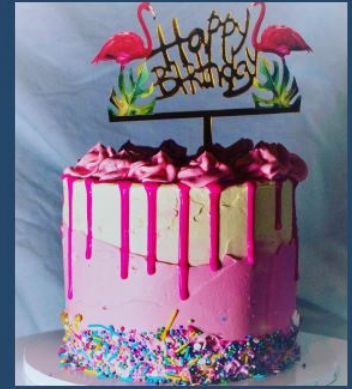


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Kokedama Collection





## What is a Kokedama?

*Kokedama = (coke-eh-darma)*

The art of Kokedama literally translates from “koke” meaning moss and “dama” meaning ball. A form of Japanese garden art that is centuries old and tied into the practice of bonsai.

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